

2016-01-09

## DM Stockholm/Södermanland



## OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 55-</b>			<b>Intervallstart fri stil</b>			
	<b>1</b>	1108	<b>LINDGREN Jan-Erik</b>	<b>Turebergs IF</b>	<b>24:20.3</b>	<b>0.0</b>
		M 1 - 3:49.9(1)	M 2 - 7:49.6(1)	M 3 - 11:55.8(1)	M 4 - 16:01.4(1)	M 5 - 20:08.1(1)
	<b>2</b>	1104	<b>LORD Arne</b>	<b>IKJ Haninge</b>	<b>25:25.1</b>	<b>1:04.8</b>
		M 1 - 4:04.5(2)	M 2 - 8:17.7(2)	M 3 - 12:46.4(2)	M 4 - 16:59.7(2)	M 5 - 21:08.9(2)
	<b>3</b>	1105	<b>HYLANDER Ulf</b>	<b>SLK Oxelösund</b>	<b>26:20.3</b>	<b>2:00.0</b>
		M 1 - 4:31.0(5)	M 2 - 8:55.8(5)	M 3 - 13:19.0(5)	M 4 - 17:40.7(4)	M 5 - 22:01.7(4)
	<b>4</b>	1103	<b>YTTERMO Olle</b>	<b>IKJ Haninge</b>	<b>26:22.1</b>	<b>2:01.8</b>
		M 1 - 4:14.6(3)	M 2 - 8:37.2(3)	M 3 - 13:05.6(3)	M 4 - 17:27.3(3)	M 5 - 21:53.6(3)
	<b>5</b>	1102	<b>LINDAHL Gunnar</b>	<b>Sundbybergs IK</b>	<b>26:35.5</b>	<b>2:15.2</b>
		M 1 - 4:21.1(4)	M 2 - 8:49.3(4)	M 3 - 13:18.8(4)	M 4 - 17:43.3(5)	M 5 - 22:10.0(5)
	<b>6</b>	1106	<b>ANDERSSON Tomas</b>	<b>Torshälla-Nyby IS</b>	<b>30:04.8</b>	<b>5:44.5</b>
		M 1 - 4:58.7(6)	M 2 - 9:59.7(6)	M 3 - 15:03.8(6)	M 4 - 20:03.5(6)	M 5 - 25:04.7(6)
<b>H 50-</b>			<b>Intervallstart fri stil</b>			
	<b>1</b>	1120	<b>STRÖM Nicklas</b>	<b>Väsby SK</b>	<b>24:08.2</b>	<b>0.0</b>
		M 1 - 3:46.2(1)	M 2 - 7:47.4(1)	M 3 - 11:51.0(1)	M 4 - 15:53.6(1)	M 5 - 19:59.1(1)
	<b>2</b>	1116	<b>SUNDBERG Hans</b>	<b>IKJ Haninge</b>	<b>25:04.3</b>	<b>56.1</b>
		M 1 - 3:52.9(2)	M 2 - 8:05.9(2)	M 3 - 12:19.9(2)	M 4 - 16:32.8(2)	M 5 - 20:50.1(2)
	<b>3</b>	1118	<b>SVENSSON Magnus</b>	<b>Turebergs IF</b>	<b>25:21.4</b>	<b>1:13.2</b>
		M 1 - 4:01.3(3)	M 2 - 8:15.3(4)	M 3 - 12:29.7(3)	M 4 - 16:47.7(3)	M 5 - 21:05.0(3)
	<b>4</b>	1113	<b>ALBINSSON Björn</b>	<b>Väsby SK</b>	<b>25:43.2</b>	<b>1:35.0</b>
		M 1 - 4:02.2(4)	M 2 - 8:11.8(3)	M 3 - 12:32.7(4)	M 4 - 16:51.4(4)	M 5 - 21:20.9(4)
	<b>5</b>	1117	<b>SANDGREN Per</b>	<b>Nacka Värmdö SK</b>	<b>25:46.0</b>	<b>1:37.8</b>
		M 1 - 4:08.7(5)	M 2 - 8:27.3(5)	M 3 - 12:40.5(5)	M 4 - 16:59.8(5)	M 5 - 21:25.6(5)
	<b>6</b>	1114	<b>NEDERHEIM Oskar</b>	<b>IKJ Haninge</b>	<b>27:05.0</b>	<b>2:56.8</b>
		M 1 - 4:19.1(7)	M 2 - 8:52.9(6)	M 3 - 13:26.9(6)	M 4 - 17:56.3(6)	M 5 - 22:31.4(6)
	<b>7</b>	1115	<b>THYSELL Bjarne</b>	<b>Ärla IF</b>	<b>27:46.4</b>	<b>3:38.2</b>
		M 1 - 4:16.5(6)	M 2 - 8:56.2(7)	M 3 - 13:36.4(7)	M 4 - 18:17.3(7)	M 5 - 22:59.3(7)
	<b>8</b>	1111	<b>OLSÉN Hans</b>	<b>Sundbybergs IK</b>	<b>28:52.3</b>	<b>4:44.1</b>
		M 1 - 4:37.6(9)	M 2 - 9:30.3(9)	M 3 - 14:22.4(9)	M 4 - 19:13.9(9)	M 5 - 24:03.9(8)
	<b>9</b>	1109	<b>STRIDH Jan</b>	<b>Skogsluffarnas OK</b>	<b>29:08.5</b>	<b>5:00.3</b>
		M 1 - 4:26.2(8)	M 2 - 9:14.5(8)	M 3 - 14:13.5(8)	M 4 - 19:08.2(8)	M 5 - 24:09.4(9)
	<b>10</b>	1112	<b>SVENSSON Dag</b>	<b>IKJ Haninge</b>	<b>32:47.3</b>	<b>8:39.1</b>
		M 1 - 5:02.0(10)	M 2 - 10:29.4(10)	M 3 - 16:02.8(10)	M 4 - 21:42.2(10)	M 5 - 27:17.6(10)
<b>H 45-</b>			<b>Intervallstart fri stil</b>			
	<b>1</b>	1127	<b>LAVÉN Anders</b>	<b>Täby IS SK</b>	<b>23:01.5</b>	<b>0.0</b>

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 45-</b>			<b>Intervallstart fri stil</b>			
			M 1 - 3:32.7(1)    M 2 - 7:24.6(1)    M 3 - 11:16.3(1)    M 4 - 15:09.5(1)    M 5 - 19:03.2(1)			
	<b>2</b>	<b>1125</b>	<b>ERIKSSON Anders</b>	<b>IKJ Haninge</b>	<b>23:25.1</b>	<b>23.6</b>
			M 1 - 3:41.3(2)    M 2 - 7:32.6(2)    M 3 - 11:31.8(2)    M 4 - 15:30.5(2)    M 5 - 19:28.2(2)			
	<b>3</b>	<b>1126</b>	<b>TINGSTRÖM Ulf</b>	<b>IKJ Haninge</b>	<b>23:40.0</b>	<b>38.5</b>
			M 1 - 3:44.1(4)    M 2 - 7:42.7(3)    M 3 - 11:36.8(3)    M 4 - 15:35.1(3)    M 5 - 19:37.1(3)			
	<b>4</b>	<b>1133</b>	<b>SJÖGREN Niclas</b>	<b>Södertälje IF</b>	<b>23:42.1</b>	<b>40.6</b>
			M 1 - 3:51.1(7)    M 2 - 7:47.9(5)    M 3 - 11:49.3(5)    M 4 - 15:52.3(5)    M 5 - 19:44.6(4)			
	<b>5</b>	<b>1121</b>	<b>AHNBRINK Henrik</b>	<b>Sundbybergs IK</b>	<b>23:57.5</b>	<b>56.0</b>
			M 1 - 3:44.6(5)    M 2 - 7:47.1(4)    M 3 - 11:49.0(4)    M 4 - 15:51.1(4)    M 5 - 19:54.2(5)			
	<b>6</b>	<b>1122</b>	<b>SVENSSON Anders</b>	<b>Sundbybergs IK</b>	<b>24:29.0</b>	<b>1:27.5</b>
			M 1 - 3:49.2(6)    M 2 - 7:55.9(6)    M 3 - 12:02.7(6)    M 4 - 16:10.1(6)    M 5 - 20:19.0(6)			
	<b>7</b>	<b>1128</b>	<b>LINDSKOG Mårten</b>	<b>IKJ Haninge</b>	<b>24:58.7</b>	<b>1:57.2</b>
			M 1 - 4:06.2(11)    M 2 - 8:20.6(11)    M 3 - 12:33.2(9)    M 4 - 16:41.3(7)    M 5 - 20:51.3(7)			
	<b>8</b>	<b>1129</b>	<b>PERSSON Tomas</b>	<b>Stockholms RK</b>	<b>25:37.8</b>	<b>2:36.3</b>
			M 1 - 4:01.2(10)    M 2 - 8:14.4(8)    M 3 - 12:31.4(8)    M 4 - 16:49.1(9)    M 5 - 21:08.9(8)			
	<b>9</b>	<b>1130</b>	<b>ÅBERG Jerker</b>	<b>Tumba-Mälärhöjden OK</b>	<b>25:40.4</b>	<b>2:38.9</b>
			M 1 - 3:43.6(3)    M 2 - 7:59.9(7)    M 3 - 12:23.4(7)    M 4 - 16:49.0(8)    M 5 - 21:17.9(9)			
	<b>10</b>	<b>1134</b>	<b>THOLANDER Jakob</b>	<b>Sundbybergs IK</b>	<b>25:46.8</b>	<b>2:45.3</b>
			M 1 - 3:59.7(8)    M 2 - 8:17.2(10)    M 3 - 12:40.1(11)    M 4 - 17:01.1(11)    M 5 - 21:24.7(11)			
	<b>11</b>	<b>1123</b>	<b>MELIN Håkan</b>	<b>Sundbybergs IK</b>	<b>25:54.1</b>	<b>2:52.6</b>
			M 1 - 3:59.7(9)    M 2 - 8:15.9(9)    M 3 - 12:34.6(10)    M 4 - 17:00.0(10)    M 5 - 21:29.2(12)			
		<b>1132</b>	<b>OLOFSSON Håkan</b>	<b>Hällbybrunns IF</b>	<b>25:54.1</b>	<b>2:52.6</b>
			M 1 - 4:08.5(12)    M 2 - 8:26.6(12)    M 3 - 12:44.5(12)    M 4 - 17:01.8(12)    M 5 - 21:24.4(10)			
	<b>13</b>	<b>1124</b>	<b>AASTRUP Teodor</b>	<b>Täby IS SK</b>	<b>29:24.0</b>	<b>6:22.5</b>
			M 1 - 4:33.8(14)    M 2 - 9:23.3(14)    M 3 - 14:18.1(14)    M 4 - 19:17.1(14)    M 5 - 24:22.1(14)			
	<b>14</b>	<b>1131</b>	<b>HAMMARSON Göran</b>	<b>Stockholms RK</b>	<b>35:49.0</b>	<b>12:47.5</b>
			M 1 - 4:10.6(13)    M 2 - 8:32.6(13)    M 3 - 12:59.1(13)    M 4 - 17:27.5(13)    M 5 - 21:59.5(13)    M 6 - 26:31.6(1)    M 7 - 31:11.6(1)			

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**Antal deltagare: 242**

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 40- Intervallstart fri stil</b>						
	<b>1</b>	1139	<b>MYHR Johan</b>	<b>Nacka Värmdö SK</b>	<b>23:26.1</b>	<b>0.0</b>
			M 1 - 3:27.8(1)    M 2 - 7:14.9(1)    M 3 - 11:16.1(1)	M 4 - 15:14.1(1)    M 5 - 19:21.3(1)		
	<b>2</b>	1137	<b>WÄNELL Anders</b>	<b>Sundbybergs IK</b>	<b>23:57.3</b>	<b>31.2</b>
			M 1 - 3:53.5(3)    M 2 - 7:58.1(2)    M 3 - 11:56.5(2)	M 4 - 15:54.5(2)    M 5 - 19:58.5(2)		
	<b>3</b>	1143	<b>OLSSON Joakim</b>	<b>Trosabygdens OK</b>	<b>24:31.9</b>	<b>1:05.8</b>
			M 1 - 4:01.6(6)    M 2 - 8:09.3(6)    M 3 - 12:18.5(3)	M 4 - 16:26.0(3)    M 5 - 20:28.2(3)		
	<b>4</b>	1142	<b>WARRÉN Ola</b>	<b>Turebergs IF</b>	<b>24:58.9</b>	<b>1:32.8</b>
			M 1 - 4:00.2(5)    M 2 - 8:07.3(4)    M 3 - 12:23.3(5)	M 4 - 16:35.5(5)    M 5 - 20:45.0(4)		
	<b>5</b>	1136	<b>HÖGLUND Martin</b>	<b>Sundbybergs IK</b>	<b>25:09.8</b>	<b>1:43.7</b>
			M 1 - 3:55.4(4)    M 2 - 8:08.4(5)    M 3 - 12:18.9(4)	M 4 - 16:32.7(4)    M 5 - 20:54.8(5)		
	<b>6</b>	1138	<b>KARLSSON Torbjörn</b>	<b>Täby IS SK</b>	<b>26:02.8</b>	<b>2:36.7</b>
			M 1 - 3:45.4(2)    M 2 - 8:06.5(3)    M 3 - 12:39.3(6)	M 4 - 17:15.6(7)    M 5 - 21:41.3(7)		
	<b>7</b>	1135	<b>HÜBINETTE Anders</b>	<b>Sundbybergs IK</b>	<b>26:04.4</b>	<b>2:38.3</b>
			M 1 - 4:06.7(7)    M 2 - 8:27.7(7)    M 3 - 12:50.5(7)	M 4 - 17:13.0(6)    M 5 - 21:39.3(6)		
	<b>8</b>	1140	<b>MOVÉRARE Anders</b>	<b>IKJ Haninge</b>	<b>26:13.4</b>	<b>2:47.3</b>
			M 1 - 4:08.6(8)    M 2 - 8:33.5(8)    M 3 - 13:03.5(8)	M 4 - 17:30.9(8)    M 5 - 21:56.3(8)		
	<b>9</b>	1141	<b>SÖDERSTRÖM David</b>	<b>Sundbybergs IK</b>	<b>28:38.7</b>	<b>5:12.6</b>
			M 1 - 4:23.2(9)    M 2 - 9:15.7(9)    M 3 - 14:06.1(9)	M 4 - 18:51.4(9)    M 5 - 23:51.8(9)		
<b>H 35- Intervallstart fri stil</b>						
	<b>1</b>	1147	<b>KARLBERG Tomas</b>	<b>Nacka Värmdö SK</b>	<b>22:49.2</b>	<b>0.0</b>
			M 1 - 3:29.3(1)    M 2 - 7:20.2(1)    M 3 - 11:11.7(1)	M 4 - 15:03.0(1)    M 5 - 18:57.4(1)		
	<b>2</b>	1145	<b>ADELER Erik</b>	<b>Nacka Värmdö SK</b>	<b>25:16.2</b>	<b>2:27.0</b>
			M 1 - 4:07.5(2)    M 2 - 8:11.0(2)    M 3 - 12:22.6(2)	M 4 - 16:38.8(2)    M 5 - 20:52.9(2)		
	<b>3</b>	1146	<b>HAAS Christoffer</b>	<b>Yuppie Ski Club</b>	<b>29:56.8</b>	<b>7:07.6</b>
			M 1 - 4:36.5(3)    M 2 - 9:40.2(3)    M 3 - 14:47.4(3)	M 4 - 19:52.2(3)    M 5 - 24:56.4(3)		

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**Antal deltagare: 242**

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 21-</b>			<b>Intervallstart fri stil</b>			
	<b>1</b>	1173	<b>STEN Adam</b>	<b>AXA SC</b>	<b>20:23.0</b>	<b>0.0</b>
			M 1 - 3:12.5(2)    M 2 - 6:35.8(2)    M 3 - 10:00.9(1)	M 4 - 13:26.8(1)    M 5 - 16:56.6(1)		
	<b>2</b>	1177	<b>AFLODAL Gustav</b>	<b>Sundbybergs IK</b>	<b>20:43.7</b>	<b>20.7</b>
			M 1 - 3:10.2(1)    M 2 - 6:32.9(1)    M 3 - 10:04.0(2)	M 4 - 13:38.1(2)    M 5 - 17:13.1(2)		
	<b>3</b>	1175	<b>HERBERT Martin</b>	<b>Sundbybergs IK</b>	<b>20:53.4</b>	<b>30.4</b>
			M 1 - 3:16.8(3)    M 2 - 6:44.0(3)    M 3 - 10:13.4(3)	M 4 - 13:47.0(3)    M 5 - 17:21.3(3)		
	<b>4</b>	1171	<b>AFLODAL Axel</b>	<b>Sundbybergs IK</b>	<b>21:03.3</b>	<b>40.3</b>
			M 1 - 3:19.4(4)    M 2 - 6:53.7(4)    M 3 - 10:33.8(5)	M 4 - 14:07.4(5)    M 5 - 17:37.3(4)		
	<b>5</b>	1152	<b>LIND Patrik</b>	<b>Tunafors SK</b>	<b>21:29.3</b>	<b>1:06.3</b>
			M 1 - 3:23.3(6)    M 2 - 6:53.8(5)    M 3 - 10:25.3(4)	M 4 - 14:05.2(4)    M 5 - 17:48.2(5)		
	<b>6</b>	1179	<b>HERBERT Johan</b>	<b>Sundbybergs IK</b>	<b>21:46.5</b>	<b>1:23.5</b>
			M 1 - 3:27.7(9)    M 2 - 7:03.7(9)    M 3 - 10:41.6(6)	M 4 - 14:24.3(7)    M 5 - 18:07.9(6)		
	<b>7</b>	1165	<b>JONSSON Gustav</b>	<b>Hällbybrunns IF</b>	<b>21:54.9</b>	<b>1:31.9</b>
			M 1 - 3:24.4(7)    M 2 - 7:01.1(6)    M 3 - 10:42.6(7)	M 4 - 14:23.5(6)    M 5 - 18:09.2(7)		
	<b>8</b>	1163	<b>THUNVALL Peter</b>	<b>IKJ Haninge</b>	<b>21:58.6</b>	<b>1:35.6</b>
			M 1 - 3:26.4(8)    M 2 - 7:01.9(7)    M 3 - 10:46.2(9)	M 4 - 14:27.8(8)    M 5 - 18:11.3(8)		
	<b>9</b>	1153	<b>ZEFFER Anders</b>	<b>Mälärö SOK</b>	<b>22:08.0</b>	<b>1:45.0</b>
			M 1 - 3:22.5(5)    M 2 - 7:02.2(8)    M 3 - 10:43.9(8)	M 4 - 14:29.2(9)    M 5 - 18:16.8(9)		
	<b>10</b>	1162	<b>EKLÖW Niclas</b>	<b>Sundbybergs IK</b>	<b>22:19.3</b>	<b>1:56.3</b>
			M 1 - 3:30.3(10)    M 2 - 7:05.9(10)    M 3 - 10:47.7(10)	M 4 - 14:40.5(10)    M 5 - 18:31.7(10)		
	<b>11</b>	1168	<b>LILLSJÖ Linus</b>	<b>Hällbybrunns IF</b>	<b>22:39.6</b>	<b>2:16.6</b>
			M 1 - 3:39.9(16)    M 2 - 7:30.6(13)    M 3 - 11:24.0(13)	M 4 - 15:08.0(12)    M 5 - 18:54.9(12)		
	<b>12</b>	1159	<b>LINGFORS David</b>	<b>IF Hallby SOK</b>	<b>22:43.2</b>	<b>2:20.2</b>
			M 1 - 3:36.5(12)    M 2 - 7:20.3(11)    M 3 - 11:06.5(11)	M 4 - 14:56.7(11)    M 5 - 18:48.3(11)		
	<b>13</b>	1166	<b>ÖSTLING Adam</b>	<b>Sundbybergs IK</b>	<b>23:11.2</b>	<b>2:48.2</b>
			M 1 - 3:41.8(17)    M 2 - 7:39.6(15)    M 3 - 11:24.2(14)	M 4 - 15:30.7(15)    M 5 - 19:17.6(14)		
	<b>14</b>	1164	<b>BRÖTE Oscar</b>	<b>Sundbybergs IK</b>	<b>23:12.5</b>	<b>2:49.5</b>
			M 1 - 3:36.0(11)    M 2 - 7:25.1(12)    M 3 - 11:21.6(12)	M 4 - 15:18.6(13)    M 5 - 19:16.2(13)		
	<b>15</b>	1150	<b>ANDERSSON Mikael</b>	<b>Turebergs IF</b>	<b>23:36.5</b>	<b>3:13.5</b>
			M 1 - 3:50.8(24)    M 2 - 7:47.2(20)    M 3 - 11:42.8(18)	M 4 - 15:38.1(16)    M 5 - 19:36.3(16)		
	<b>16</b>	1176	<b>KARLSSON Ola</b>	<b>Vaxholms RF</b>	<b>23:56.6</b>	<b>3:33.6</b>
			M 1 - 3:38.8(13)    M 2 - 7:40.5(16)    M 3 - 11:42.8(17)	M 4 - 15:49.2(18)    M 5 - 19:54.2(18)		
	<b>17</b>	1154	<b>KAMPEGÅRD Göran</b>	<b>IKJ Haninge</b>	<b>23:57.9</b>	<b>3:34.9</b>
			M 1 - 3:44.4(19)    M 2 - 7:42.6(18)    M 3 - 11:41.1(16)	M 4 - 15:41.6(17)    M 5 - 19:47.6(17)		
	<b>18</b>	1149	<b>JOHANSSON Viktor</b>	<b>Sundbybergs IK</b>	<b>23:58.8</b>	<b>3:35.8</b>
			M 1 - 3:39.7(15)    M 2 - 7:44.4(19)    M 3 - 11:48.7(19)	M 4 - 15:53.7(19)    M 5 - 19:57.1(19)		
	<b>19</b>	1156	<b>ELLOW Anders</b>	<b>Hällbybrunns IF</b>	<b>24:10.6</b>	<b>3:47.6</b>

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.			
<b>H 21- Intervallstart fri stil</b>									
			M 1 - 3:47.1(22)	M 2 - 7:50.2(22)	M 3 - 11:55.6(22)	M 4 - 16:00.9(20)	M 5 - 20:03.3(20)		
	<b>20</b>	1161	<b>RAMBERG Håkan</b>	<b>Hällbybrunns IF</b>	<b>24:18.9</b>	<b>3:55.9</b>			
			M 1 - 3:43.5(18)	M 2 - 7:48.3(21)	M 3 - 11:53.5(21)	M 4 - 16:01.9(21)	M 5 - 20:10.7(21)		
	<b>21</b>	1174	<b>JOHANSSON Erik</b>	<b>Trosabygdens OK</b>	<b>24:20.0</b>	<b>3:57.0</b>			
			M 1 - 3:44.6(20)	M 2 - 7:41.9(17)	M 3 - 11:53.1(20)	M 4 - 16:05.2(22)	M 5 - 20:15.4(22)		
	<b>22</b>	1157	<b>KARLSSON Pontus</b>	<b>Turebergs IF</b>	<b>24:34.7</b>	<b>4:11.7</b>			
			M 1 - 3:48.5(23)	M 2 - 7:54.9(23)	M 3 - 12:03.5(23)	M 4 - 16:16.5(23)	M 5 - 20:26.4(23)		
	<b>23</b>	1155	<b>NIPER Carl Henrik</b>	<b>IKJ Haninge</b>	<b>24:59.6</b>	<b>4:36.6</b>			
			M 1 - 3:59.6(25)	M 2 - 8:05.7(25)	M 3 - 12:13.1(24)	M 4 - 16:23.0(24)	M 5 - 20:37.3(24)		
	<b>24</b>	1170	<b>JOHANSSON Victor</b>	<b>Korsnäs IF SK</b>	<b>25:26.9</b>	<b>5:03.9</b>			
			M 1 - 3:46.5(21)	M 2 - 7:56.7(24)	M 3 - 12:14.1(25)	M 4 - 16:35.1(25)	M 5 - 21:05.7(25)		
	<b>25</b>	1158	<b>JENSEN Magnus</b>	<b>AXA SC</b>	<b>25:28.8</b>	<b>5:05.8</b>			
			M 1 - 4:10.8(26)	M 2 - 8:19.6(26)	M 3 - 12:30.3(26)	M 4 - 16:52.1(26)	M 5 - 21:13.1(26)		
	<b>26</b>	1148	<b>BOSTRÖM Anders</b>	<b>Sundbybergs IK</b>	<b>27:03.5</b>	<b>6:40.5</b>			
			M 1 - 4:18.8(27)	M 2 - 8:37.3(27)	M 3 - 13:10.2(27)	M 4 - 17:40.1(27)	M 5 - 22:15.5(27)		
	<b>27</b>	1178	<b>LAGERQUIST Marcus</b>	<b>Sundbybergs IK</b>	<b>27:19.2</b>	<b>6:56.2</b>			
			M 1 - 3:38.9(14)	M 2 - 7:34.8(14)	M 3 - 11:30.3(15)	M 4 - 15:27.5(14)	M 5 - 19:24.8(15)	M 6 - 23:23.7( 1)	
	<b>28</b>	1167	<b>HULTGREEN WELTZIEN Espen</b>	<b>Sundbybergs IK</b>	<b>30:24.4</b>	<b>10:01.4</b>			
			M 1 - 11:04.5(29)	M 2 - 14:46.0(29)	M 3 - 18:40.9(29)	M 4 - 22:33.4(29)	M 5 - 26:32.2(29)		
	<b>29</b>	1172	<b>HYDÉN Jonas</b>	<b>Yuppie Ski Club</b>	<b>30:56.1</b>	<b>10:33.1</b>			
			M 1 - 4:40.9(28)	M 2 - 9:54.1(28)	M 3 - 15:08.9(28)	M 4 - 20:28.7(28)	M 5 - 25:45.1(28)		
<b>H 17-20 Intervallstart fri stil</b>									
	<b>1</b>	1181	<b>CARLSSON Christoffer</b>	<b>IKJ Haninge</b>	<b>18:40.3</b>	<b>0.0</b>			
			M 1 - 4:29.5( 1)	M 2 - 9:06.5( 1)	M 3 - 13:55.3( 1)				
	<b>2</b>	1180	<b>LAGERQVIST Oskar</b>	<b>IKJ Haninge</b>	<b>20:14.6</b>	<b>1:34.3</b>			
			M 1 - 4:38.9( 2)	M 2 - 9:35.7( 2)	M 3 - 14:54.5( 2)				
<b>H 75- Intervallstart fri stil</b>									
	<b>1</b>	1182	<b>LARSSON LUSSI Ernst</b>	<b>Sundbybergs IK</b>	<b>56:58.5</b>	<b>0.0</b>			
			M 1 - 7:23.1( 1)	M 2 - 14:59.8( 1)	M 3 - 22:50.0( 1)	M 4 - 30:53.7( 1)	M 5 - 39:22.2( 1)	M 6 - 48:15.3( 1)	

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 70-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	1185	<b>FORSBERG Artur</b>	<b>SK Linden</b>	<b>19:20.1</b>	<b>0.0</b>
	M 1 - 4:29.7(1)		M 2 - 9:30.2(1)	M 3 - 14:24.4(1)		
	<b>2</b>	1183	<b>KULLMAN Ingvar</b>	<b>SK Linden</b>	<b>20:00.8</b>	<b>40.7</b>
	M 1 - 4:48.7(2)		M 2 - 9:51.0(2)	M 3 - 14:54.8(2)		
	<b>3</b>	1184	<b>KOHVAKKA Eero</b>	<b>SK Linden</b>	<b>24:31.8</b>	<b>5:11.7</b>
	M 1 - 5:41.5(3)		M 2 - 11:57.4(3)	M 3 - 18:13.9(3)		
<b>H 65-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	1187	<b>BERGLUND Kjell</b>	<b>Mälärö SOK</b>	<b>21:58.0</b>	<b>0.0</b>
	M 1 - 5:03.5(1)		M 2 - 10:45.6(1)	M 3 - 16:23.9(1)		
<b>H 60-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	1190	<b>ERIKSSON Per</b>	<b>Nyköpings OK</b>	<b>19:26.4</b>	<b>0.0</b>
	M 1 - 4:42.3(1)		M 2 - 9:39.6(1)	M 3 - 14:39.3(1)		
	<b>2</b>	1189	<b>PERSSON Karl-Åke</b>	<b>Järfälla Skidklubb</b>	<b>19:49.7</b>	<b>23.3</b>
	M 1 - 4:46.4(2)		M 2 - 9:44.0(2)	M 3 - 14:54.7(2)		
	<b>3</b>	1188	<b>KÄSJÖ Hans</b>	<b>Sundbybergs IK</b>	<b>20:25.6</b>	<b>59.2</b>
	M 1 - 4:52.7(3)		M 2 - 10:04.6(3)	M 3 - 15:15.1(3)		
<b>D 55-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	102	<b>KREISS Gunilla</b>	<b>Järla Orientering</b>	<b>22:45.7</b>	<b>0.0</b>
	M 1 - 5:23.0(1)		M 2 - 11:10.9(1)	M 3 - 16:59.0(1)		
	<b>2</b>	101	<b>ALA-UOTILA Pirjo</b>	<b>Sundbybergs IK</b>	<b>23:17.4</b>	<b>31.7</b>
	M 1 - 5:31.1(2)		M 2 - 11:22.3(2)	M 3 - 17:17.7(2)		
	<b>3</b>	103	<b>LIND Eva</b>	<b>Tunafors SK</b>	<b>39:45.5</b>	<b>16:59.8</b>
	M 1 - 9:49.3(3)		M 2 - 19:46.8(3)	M 3 - 29:41.1(3)		

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>D 45-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	105	<b>LIDMAN Anne-Li</b>	<b>Sundbybergs IK</b>	<b>18:11.8</b>	<b>0.0</b>
	M 1 - 4:13.6(1)		M 2 - 8:51.4(1)	M 3 - 13:32.7(1)		
	<b>2</b>	107	<b>SVÄRDSTRÖM Anna</b>	<b>Sundbybergs IK</b>	<b>18:15.9</b>	<b>4.1</b>
	M 1 - 4:24.9(2)		M 2 - 9:04.0(2)	M 3 - 13:42.4(2)		
	<b>3</b>	109	<b>ÅBERG Anna</b>	<b>IKJ Haninge</b>	<b>18:47.0</b>	<b>35.2</b>
	M 1 - 4:35.0(3)		M 2 - 9:20.0(3)	M 3 - 14:04.2(3)		
	<b>4</b>	104	<b>PROFIR Daniela</b>	<b>Sundbybergs IK</b>	<b>19:07.3</b>	<b>55.5</b>
	M 1 - 4:35.0(3)		M 2 - 9:20.2(4)	M 3 - 14:12.9(4)		
	<b>5</b>	115	<b>PRTIC Ingela</b>	<b>Sundbybergs IK</b>	<b>19:09.7</b>	<b>57.9</b>
	M 1 - 4:35.9(5)		M 2 - 9:23.4(5)	M 3 - 14:17.4(5)		
	<b>6</b>	110	<b>BACKE Maria</b>	<b>Stockholms RK</b>	<b>19:36.5</b>	<b>1:24.7</b>
	M 1 - 4:42.2(6)		M 2 - 9:40.7(6)	M 3 - 14:41.9(6)		
	<b>7</b>	118	<b>GAHNE Ingela</b>	<b>Enebybergs IF</b>	<b>19:53.8</b>	<b>1:42.0</b>
	M 1 - 4:47.6(7)		M 2 - 9:49.1(7)	M 3 - 14:47.6(7)		
	<b>8</b>	117	<b>ADEBRANT Helena</b>	<b>Tumba-Mälärhöjden OK</b>	<b>20:16.0</b>	<b>2:04.2</b>
	M 1 - 4:55.8(8)		M 2 - 10:02.1(8)	M 3 - 15:09.6(8)		
	<b>9</b>	114	<b>SÖDERSTRÖM Anna-Karin</b>	<b>Sundbybergs IK</b>	<b>21:10.7</b>	<b>2:58.9</b>
	M 1 - 5:32.2(11)		M 2 - 10:46.3(10)	M 3 - 15:56.8(9)		
	<b>10</b>	113	<b>HÖGLUND Karin</b>	<b>Sundbybergs IK</b>	<b>21:29.3</b>	<b>3:17.5</b>
	M 1 - 5:04.3(9)		M 2 - 10:35.0(9)	M 3 - 16:05.3(10)		
	<b>11</b>	111	<b>JOGRENIUS Anna</b>	<b>Stockholms RK</b>	<b>23:24.9</b>	<b>5:13.1</b>
	M 1 - 5:40.1(12)		M 2 - 11:28.8(11)	M 3 - 17:27.8(11)		
	<b>12</b>	106	<b>JANSSON Susanne</b>	<b>Sundbybergs IK</b>	<b>23:46.4</b>	<b>5:34.6</b>
	M 1 - 5:49.6(14)		M 2 - 11:55.9(13)	M 3 - 17:55.0(13)		
	<b>13</b>	116	<b>ALMLUND Johanna</b>	<b>IKJ Haninge</b>	<b>23:51.5</b>	<b>5:39.7</b>
	M 1 - 5:31.0(10)		M 2 - 11:38.8(12)	M 3 - 17:45.4(12)		
	<b>14</b>	108	<b>CHRISTENSEN Anna</b>	<b>IKJ Haninge</b>	<b>24:34.0</b>	<b>6:22.2</b>
	M 1 - 5:48.8(13)		M 2 - 12:00.9(14)	M 3 - 18:12.0(14)		
	<b>15</b>	112	<b>ALLGULANDER Helena</b>	<b>Sundbybergs IK</b>	<b>24:42.3</b>	<b>6:30.5</b>
	M 1 - 5:52.9(15)		M 2 - 12:10.9(15)	M 3 - 18:26.5(15)		

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>D 35-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	120	<b>MOVÉRARE Jessica</b>	<b>IKJ Haninge</b>	<b>18:29.3</b>	<b>0.0</b>
	M 1 - 4:12.3(1)		M 2 - 8:53.3(1)		M 3 - 13:38.0(1)	
	<b>2</b>	124	<b>NILSSON Kristin</b>	<b>Bromma-Vällingby SOK</b>	<b>19:01.0</b>	<b>31.7</b>
	M 1 - 4:29.6(2)		M 2 - 9:19.8(2)		M 3 - 14:11.1(2)	
	<b>3</b>	119	<b>RAMSTEDT Jenny</b>	<b>Sundbybergs IK</b>	<b>19:07.3</b>	<b>38.0</b>
	M 1 - 4:35.6(3)		M 2 - 9:23.0(3)		M 3 - 14:15.6(3)	
	<b>4</b>	121	<b>ÅBERG Therese</b>	<b>Sundbybergs IK</b>	<b>20:32.1</b>	<b>2:02.8</b>
	M 1 - 5:00.8(4)		M 2 - 10:12.2(4)		M 3 - 15:25.3(4)	
<b>D 21-</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	132	<b>BÖRJESJÖ Malin</b>	<b>Sundbybergs IK</b>	<b>15:54.5</b>	<b>0.0</b>
	M 1 - 3:44.2(1)		M 2 - 7:45.2(1)		M 3 - 11:49.5(1)	
	<b>2</b>	125	<b>LÖFÅS Elin</b>	<b>Turebergs IF</b>	<b>17:02.0</b>	<b>1:07.5</b>
	M 1 - 4:06.3(2)		M 2 - 8:25.3(2)		M 3 - 12:42.2(2)	
	<b>3</b>	131	<b>KARLSSON BIERFELDT Sandra</b>	<b>Hällbybrunns IF</b>	<b>17:48.9</b>	<b>1:54.4</b>
	M 1 - 4:11.9(3)		M 2 - 8:40.1(3)		M 3 - 13:12.2(3)	
	<b>4</b>	127	<b>JANSSON Emma</b>	<b>Sundbybergs IK</b>	<b>19:02.0</b>	<b>3:07.5</b>
	M 1 - 4:28.3(4)		M 2 - 9:16.1(4)		M 3 - 14:07.1(4)	
	<b>5</b>	129	<b>NORLÉN Emelie</b>	<b>Sundbybergs IK</b>	<b>20:34.4</b>	<b>4:39.9</b>
	M 1 - 4:59.2(6)		M 2 - 10:14.6(6)		M 3 - 15:25.7(5)	
	<b>6</b>	128	<b>HYLANDER Ida</b>	<b>Nyköpings OK</b>	<b>20:44.1</b>	<b>4:49.6</b>
	M 1 - 4:53.3(5)		M 2 - 10:08.2(5)		M 3 - 15:26.2(6)	
	<b>7</b>	126	<b>JUNKER Johanna</b>	<b>Tunafors SK</b>	<b>22:35.2</b>	<b>6:40.7</b>
	M 1 - 5:26.9(7)		M 2 - 11:09.8(7)		M 3 - 16:53.0(7)	
<b>H 15-16</b>	<b>Intervallstart fri stil</b>					
	<b>1</b>	903	<b>MELIN Alexander</b>	<b>Sundbybergs IK</b>	<b>12:19.7</b>	<b>0.0</b>
	M 1 - 3:51.8(1)		M 2 - 8:00.3(1)			
	<b>2</b>	905	<b>BIERFELDT Pontus</b>	<b>Hällbybrunns IF</b>	<b>12:44.8</b>	<b>25.1</b>
	M 1 - 4:00.0(2)		M 2 - 8:21.3(2)			
	<b>3</b>	906	<b>RÖSTIN Elias</b>	<b>Söders-Tyresö</b>	<b>12:47.8</b>	<b>28.1</b>
	M 1 - 4:00.3(3)		M 2 - 8:26.5(3)			
	<b>4</b>	902	<b>JOSEFSSON Johannes</b>	<b>Täby IS SK</b>	<b>13:43.4</b>	<b>1:23.7</b>
	M 1 - 4:14.3(4)		M 2 - 8:54.5(4)			
	<b>5</b>	904	<b>SVENSSON Carl</b>	<b>Sundbybergs IK</b>	<b>15:03.8</b>	<b>2:44.1</b>
	M 1 - 4:56.1(5)		M 2 - 10:02.6(5)			



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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 13-14 Intervallstart fri stil</b>						
	1	916	SKOGLUND Måns	Täby IS SK	7:41.2	0.0
			M 1 - 3:42.6(1)			
	2	914	BORG David	Oxvretens SK	7:50.6	9.4
			M 1 - 3:52.9(2) M 2 - 7:50.6(1)			
	3	909	KARLSSON Gustav	Sundbybergs IK	8:14.2	33.0
			M 1 - 4:01.7(3)			
	4	924	SÖDERQVIST Gabriel	Storvreta IK	8:20.4	39.2
			M 1 - 4:03.1(4)			
	5	918	RUNE Calle	Täby IS SK	8:25.1	43.9
			M 1 - 4:06.4(5)			
	6	919	ENETJÄRN Hugo	Nyköpings OK	8:31.6	50.4
			M 1 - 4:08.6(6)			
	7	907	FORNGREN Philip	Täby IS SK	9:09.1	1:27.9
			M 1 - 4:30.1(7)			
	8	910	KARLSSON Axel	Täby IS SK	9:33.0	1:51.8
			M 1 - 4:33.8(8)			
	9	908	MELIN Alvar	IKJ Haninge	9:42.9	2:01.7
			M 1 - 4:46.2(11)			
		922	LUNDKVIST Jacob	Sundbybergs IK	9:42.9	2:01.7
			M 1 - 4:38.5(9)			
	11	913	MATTSSON Albert	Sundbybergs IK	9:49.6	2:08.4
			M 1 - 4:44.2(10)			
	12	926	IVARSSON Lukas	Bålsta SK	9:49.7	2:08.5
			M 1 - 4:46.9(12)			
	13	912	LÖNNKVIST Helmer	IKJ Haninge	10:10.0	2:28.8
			M 1 - 4:59.8(14)			
	14	925	HELLDÉN Walter	Sundbybergs IK	10:15.1	2:33.9
			M 1 - 4:59.9(15)			
	15	915	DANIELSSON Erik	Nacka Värmdö SK	10:20.6	2:39.4
			M 1 - 5:01.1(16)			
	16	911	SANDBERG Leo	Sundbybergs IK	10:26.1	2:44.9
			M 1 - 5:06.3(18)			
	17	921	BALCK Otto	Täby IS SK	10:26.3	2:45.1
			M 1 - 5:06.4(19) M 2 - 10:26.3(2)			
	18	929	ADEBRANT Elias	Tumba-Mälarhöjden OK	10:30.0	2:48.8
			M 1 - 5:02.2(17)			
	19	917	LÖNNQVIST Niklas	Ärla IF	10:40.4	2:59.2

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 13-14 Intervallstart fri stil</b>						
		M 1 - 4:56.1(13)	M 2 - 10:40.4( 3)			
	<b>20</b>	<b>923</b>	<b>SÖDERQVIST Lucas</b>	<b>Storvreta IK</b>	<b>10:46.6</b>	<b>3:05.4</b>
		M 1 - 5:07.0(20)				
	<b>21</b>	<b>920</b>	<b>EDVARDSSON Ture</b>	<b>Mälare SOK</b>	<b>10:51.7</b>	<b>3:10.5</b>
		M 1 - 5:16.7(21)				
	<b>22</b>	<b>927</b>	<b>ERIKSSON Calle</b>	<b>Bålsta SK</b>	<b>11:33.0</b>	<b>3:51.8</b>
		M 1 - 5:27.5(22)				
<b>D 15-16 Intervallstart fri stil</b>						
	<b>1</b>	<b>932</b>	<b>LAVÉN Olivia</b>	<b>Täby IS SK</b>	<b>12:52.6</b>	<b>0.0</b>
		M 1 - 4:06.0( 2)	M 2 - 8:32.8( 2)			
	<b>2</b>	<b>930</b>	<b>SVENSSON Signe</b>	<b>IKJ Haninge</b>	<b>13:02.2</b>	<b>9.6</b>
		M 1 - 4:03.9( 1)	M 2 - 8:32.0( 1)			
	<b>3</b>	<b>934</b>	<b>BOLIN Klara</b>	<b>Tumba-Mälardalens OK</b>	<b>17:25.8</b>	<b>4:33.2</b>
		M 1 - 5:23.2( 3)	M 2 - 11:21.1( 3)			
	<b>4</b>	<b>933</b>	<b>ADEBRANT Ebba</b>	<b>Tumba-Mälardalens OK</b>	<b>18:38.7</b>	<b>5:46.1</b>
		M 1 - 5:37.4( 4)	M 2 - 12:02.2( 4)			
	<b>5</b>	<b>931</b>	<b>CHRISTENSEN Evelina</b>	<b>IKJ Haninge</b>	<b>18:41.1</b>	<b>5:48.5</b>
		M 1 - 5:50.5( 5)	M 2 - 12:25.6( 5)			
<b>D 13-14 Intervallstart fri stil</b>						
	<b>1</b>	<b>936</b>	<b>KARLSSON Ebba</b>	<b>Täby IS SK</b>	<b>8:36.3</b>	<b>0.0</b>
		M 1 - 4:04.2( 1)				
	<b>2</b>	<b>935</b>	<b>NYSTEDT Lisa</b>	<b>Täby IS SK</b>	<b>9:17.2</b>	<b>40.9</b>
		M 1 - 4:29.2( 2)				
	<b>3</b>	<b>940</b>	<b>SJÖHOLM Louisa</b>	<b>Sundbybergs IK</b>	<b>9:31.4</b>	<b>55.1</b>
		M 1 - 4:39.7( 3)				
	<b>4</b>	<b>942</b>	<b>BIERFELDT Malin</b>	<b>Hällbybrunns IF</b>	<b>9:44.3</b>	<b>1:08.0</b>
		M 1 - 4:45.5( 4)				
	<b>5</b>	<b>939</b>	<b>AHNBRINK Josefin</b>	<b>Sundbybergs IK</b>	<b>9:52.0</b>	<b>1:15.7</b>
		M 1 - 4:51.1( 5)				
	<b>6</b>	<b>941</b>	<b>BENNETT Agnes</b>	<b>Täby IS SK</b>	<b>10:31.6</b>	<b>1:55.3</b>
		M 1 - 4:58.0( 6)				
	<b>7</b>	<b>938</b>	<b>LIWELL Agnes</b>	<b>Oxvretens SK</b>	<b>10:37.3</b>	<b>2:01.0</b>
		M 1 - 5:07.3( 7)				

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 11-12 Intervallstart fri stil</b>						
	1	947	EKBERG Arvid	Nacka Värmdö SK	9:22.3	0.0
			M 1 - 4:31.3(2)			
	2	945	THOLANDER Ruben	Sundbybergs IK	9:23.9	1.6
			M 1 - 4:30.8(1)			
	3	956	FOCHSEN Johan	Täby IS SK	9:37.9	15.6
			M 1 - 4:40.2(3)			
	4	955	STERNER Wilhelm	Täby IS SK	9:56.9	34.6
			M 1 - 4:53.8(4)			
	5	960	HELMIN Alexander	Ärla IF	10:06.8	44.5
			M 1 - 4:54.4(5)			
	6	946	AASTRUP Vigor	Täby IS SK	10:18.4	56.1
			M 1 - 5:01.5(7)			
	7	959	SKOGSJÖ Gustav	Skogsluffarnas OK	10:21.5	59.2
			M 1 - 5:01.1(6)			
	8	964	JOHANSSON Ludvig	Korsnäs IF SK	10:23.9	1:01.6
			M 1 - 5:05.0(8)			
	9	950	STRÖMBLAD Oskar	Täby IS SK	10:37.3	1:15.0
			M 1 - 5:09.7(9)			
	10	951	PETTERSSON Tobias	Nacka Värmdö SK	10:41.6	1:19.3
			M 1 - 5:16.4(10)			
	11	952	SÖDERSTRÖM Alvin	Sundbybergs IK	11:05.8	1:43.5
			M 1 - 5:28.2(12)			
	12	957	ANDERSEN Oskar	IKJ Haninge	11:06.4	1:44.1
			M 1 - 5:28.5(13)			
	13	965	WAHLSTRÖM Allan	Bålsta SK	11:11.4	1:49.1
			M 1 - 5:24.3(11)			
	14	944	KARLSSON Olle	Sundbybergs IK	11:18.2	1:55.9
			M 1 - 5:33.3(14)			
	15	948	RUDEHILL-SUNDELL Axel	Nacka Värmdö SK	11:38.8	2:16.5
			M 1 - 5:35.9(15)			
	16	962	NILSSON Anders	Bromma-Vällingby SOK	11:39.5	2:17.2
			M 1 - 5:45.7(17)			
	17	954	BRÖMS-THELL Rafael	Täby IS SK	11:49.3	2:27.0
			M 1 - 5:45.5(16)			
	18	963	WIDEGREN Lukas	Mälare SOK	12:14.6	2:52.3
			M 1 - 5:59.3(18)			
	19	958	ÅKESSON Joel	IKJ Haninge	12:59.4	3:37.1

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## OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 11-12 Intervallstart fri stil</b>						
		M 1 - 6:13.8(19)				
	<b>20</b>	943	<b>STRIDH Simon</b>	<b>Skogsluffarnas OK</b>	<b>13:35.3</b>	<b>4:13.0</b>
		M 1 - 6:45.0(21)				
	<b>21</b>	961	<b>CARLSSON Emil</b>	<b>Täby IS SK</b>	<b>13:39.4</b>	<b>4:17.1</b>
		M 1 - 6:43.0(20)				
	<b>22</b>	953	<b>BALCK Axel</b>	<b>Täby IS SK</b>	<b>14:52.1</b>	<b>5:29.8</b>
		M 1 - 7:03.0(22)				
<b>D 11-12 Intervallstart fri stil</b>						
	<b>1</b>	967	<b>LAVÉN Erika</b>	<b>Täby IS SK</b>	<b>9:36.1</b>	<b>0.0</b>
		M 1 - 4:38.2(1)				
	<b>2</b>	966	<b>BORG Klara</b>	<b>Oxvretens SK</b>	<b>10:30.7</b>	<b>54.6</b>
		M 1 - 5:03.8(2)				
	<b>3</b>	969	<b>JOSEFSSON Tilde</b>	<b>Täby IS SK</b>	<b>10:37.3</b>	<b>1:01.2</b>
		M 1 - 5:18.1(4)				
	<b>4</b>	976	<b>ÅBERG Kerstin</b>	<b>Tumba-Mälarhöjden OK</b>	<b>10:44.1</b>	<b>1:08.0</b>
		M 1 - 5:08.6(3)				
	<b>5</b>	972	<b>LIWELL Eila</b>	<b>Oxvretens SK</b>	<b>11:11.8</b>	<b>1:35.7</b>
		M 1 - 5:33.9(6)				
	<b>6</b>	979	<b>SKÅNINGER Klara</b>	<b>Täby IS SK</b>	<b>11:16.2</b>	<b>1:40.1</b>
		M 1 - 5:31.9(5)				
	<b>7</b>	977	<b>KARLSSON Fanny</b>	<b>Täby IS SK</b>	<b>11:35.4</b>	<b>1:59.3</b>
		M 1 - 5:33.9(7)				
	<b>8</b>	975	<b>PRTIC Bella</b>	<b>Sundbybergs IK</b>	<b>13:01.5</b>	<b>3:25.4</b>
		M 1 - 6:08.2(8)				
	<b>9</b>	978	<b>DAHLQVIST Ingrid</b>	<b>Täby IS SK</b>	<b>13:27.6</b>	<b>3:51.5</b>
		M 1 - 6:20.5(9)				
	<b>10</b>	968	<b>LAGERQVIST Rebecca</b>	<b>IKJ Haninge</b>	<b>14:27.7</b>	<b>4:51.6</b>
		M 1 - 6:58.6(10)				
	<b>11</b>	973	<b>APPELQUIST Lisa</b>	<b>Mälarö SOK</b>	<b>14:36.6</b>	<b>5:00.5</b>
		M 1 - 7:13.5(11)				
	<b>12</b>	970	<b>YLIPÄÄ Stina</b>	<b>Mälarö SOK</b>	<b>14:49.9</b>	<b>5:13.8</b>
		M 1 - 7:18.4(12)				

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## OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>H 9-10 Intervallstart fri stil</b>						
	1	984	NEDERHEIM Erik	IKJ Haninge	4:51.2	0.0
	2	985	THYSELL Sebastian	Ärla IF	5:18.6	27.4
	3	1008	LESSING Malte	Sundbybergs IK	5:22.5	31.3
	4	989	RÅDMARK Noah	Täby IS SK	5:31.4	40.2
	5	991	FOCHSEN Jens	Täby IS SK	5:36.9	45.7
	6	986	RUNE Olle	Täby IS SK	5:39.8	48.6
	7	983	AASTRUP Vilmar	Täby IS SK	5:53.9	1:02.7
	8	980	THOLANDER Love	Sundbybergs IK	5:56.9	1:05.7
	9	987	HÖRLING Anton	Sundbybergs IK	6:19.0	1:27.8
	10	990	ENHÖRNING Hugo	Täby IS SK	6:24.0	1:32.8
	11	981	LINDELL Linus	Mälärö SOK	6:24.8	1:33.6
	12	992	LUNDKVIST Oscar	Sundbybergs IK	6:30.5	1:39.3
	13	982	HAGROT Wilmer	Sundbybergs IK	6:40.8	1:49.6
	14	993	FORNGREN Oscar	Täby IS SK	7:00.6	2:09.4
	15	994	ADEBRANT Simon	Tumba-Mälärhöjden OK	7:17.6	2:26.4
<b>D 9-10 Intervallstart fri stil</b>						
	1	1005	SÖDERQVIST Moa	Storvreta IK	5:15.3	0.0
	2	1001	LÖNNQVIST Elin	Ärla IF	5:44.8	29.5
	3	997	JOSEFSSON Agnes	Täby IS SK	5:47.4	32.1
	4	1003	ZEFFER Ida	Mälärö SOK	6:36.5	1:21.2
	5	996	BORG Lovisa	Oxvretens SK	6:54.6	1:39.3
	6	1004	HANIKAT Filippa	IKJ Haninge	6:58.2	1:42.9
	7	995	THUNVALL Meja	IKJ Haninge	7:30.9	2:15.6
	8	1000	MOVERARE Miriam	IKJ Haninge	7:47.7	2:32.4
	9	999	MOVERARE Simone	IKJ Haninge	7:56.4	2:41.1
	10	998	MOVERARE Amilia	IKJ Haninge	8:19.8	3:04.5
	11	1006	WIDEGREN Alva	Mälärö SOK	8:21.5	3:06.2
	12	1002	LUNDQVIST Wilda	Mälärö SOK	8:30.0	3:14.7
	13	1007	OLSSON Olivia	Mälärö SOK	10:09.3	4:54.0
<b>H 0-8 Masstart fri stil</b>						
		157	DAHLBERG Douglas	Mälärö SOK		
		153	SKOGLUND Erik	Täby IS SK		
		156	ROSENQUIST Erik	Täby IS SK		
		152	YLIPÄÄ Junior	Mälärö SOK		
		151	LINDELL Lukas	Mälärö SOK		
		154	ENHÖRNING Max	Täby IS SK		
		155	HELMIN Oskar	Ärla IF		
		158	DOVANDER William	Sundbybergs IK		

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Antal deltagare: 242

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Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>D 0-8</b>			<b>Masstart fri stil</b>			
		163	OLSSON Cornelia	Mälarö SOK		
		162	DAHLBERG Daisy	Mälarö SOK		
		160	ÅHSTRÖM Ella	Sundbybergs IK		
		161	FOCHSEN Hedda	Täby IS SK		
		159	THUNVALL Lina	IKJ Haninge		

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Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
<b>EJ PLACERADE</b>		<b>18 åkare</b>				
<b>H 55-</b>	<b>Intervallstart fri stil</b>					
	1101		<b>HAGROT Lars</b>	Sundbybergs IK	EJ START	
	1107		<b>BERGHÅLL Tom</b>	Stockholms RK	EJ START	
<b>H 50-</b>	<b>Intervallstart fri stil</b>					
	1110		<b>NORDÉN Björn</b>	Sundbybergs IK	EJ START	
	1119		<b>LINDÉN Bo</b>	IKJ Haninge	EJ START	
<b>H 40-</b>	<b>Intervallstart fri stil</b>					
	1144		<b>SOHLBERG Fredrik</b>	Täby IS SK	EJ START	
<b>H 21-</b>	<b>Intervallstart fri stil</b>					
	1151		<b>LARSSON Kalle</b>	Kjula IF	EJ START	
	1160		<b>KARLSSON Andreas</b>	Tunafors SK	EJ START	
	1169		<b>RÖNNOLS Jens</b>	Sundbybergs IK		
<b>H 70-</b>	<b>Intervallstart fri stil</b>					
	1186		<b>WIKLUND Olle</b>	SK Linden	EJ START	
<b>D 35-</b>	<b>Intervallstart fri stil</b>					
	123		<b>SKOGSJÖ Erika</b>	Skogsluffarnas OK	EJ START	
<b>D 21-</b>	<b>Intervallstart fri stil</b>					
	130		<b>ZETTERBERG ERIKSSON Åsa</b>	Granbergsdals IF	EJ START	
<b>H 15-16</b>	<b>Intervallstart fri stil</b>					
	901		<b>AHNBRINK Oskar</b>	Sundbybergs IK	EJ START	
<b>H 13-14</b>	<b>Intervallstart fri stil</b>					
	928		<b>CARLSSON Albin</b>	Täby IS SK	EJ START	
<b>D 13-14</b>	<b>Intervallstart fri stil</b>					
	937		<b>EKBERG Lisa</b>	Nacka Värmdö SK	EJ START	
<b>H 11-12</b>	<b>Intervallstart fri stil</b>					
	949		<b>SKOGLUND Hampus</b>	Täby IS SK	EJ START	
<b>D 11-12</b>	<b>Intervallstart fri stil</b>					
	971		<b>CLAESSON Hilma</b>	Tumba-Mälarhöjden OK	EJ START	
	974		<b>EDVARDSSON Vera</b>	Mälarö SOK	EJ START	
<b>H 9-10</b>	<b>Intervallstart fri stil</b>					
	988		<b>EDVARDSSON Tage</b>	Mälarö SOK	EJ START	